Fall/Winter 2021

Guide to Wellbeing

Resources, workshops, groups, and virtual events focused on connection, community, and healing.

hospicesantacruz.org 831 430 3000
Dear Friends –

Welcome to the fall edition of our Guide to Wellbeing. The offerings in these pages are designed to help promote a sense of wellbeing – whether you’re planning for your own future healthcare needs, considering the changing needs of a loved one, or seeking support as you navigate grief and loss. We hope you find inspiration and solace in our programs.

You’ll notice a balance of in-person and Zoom offerings in the Guide to address the evolving COVID-19 conditions. Through community events like movie nights and death cafés, we hope to inspire you to think differently about your own end-of-life journey. And as we head into autumn and early winter, we again extend support for navigating the holiday season while grieving. Sharing your gifts through volunteering can nourish both the giver and receiver... as the late Ram Dass said, “We’re all just walking each other home.”

In looking back at this past year, I am most proud of the systems and structures we put in place to ensure the safety of our staff. For it is from that place of safety and wellbeing that our teams continue to serve those in our community facing serious illness, death, and the ensuing grief. For those who have helped to sustain our mission with generous contributions, thank you. You make the work that you see in these pages possible.

We care about you and remain committed to serving our community with compassion and excellence. I hope to connect with you at one of our upcoming events.
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Our community events are designed to inspire and engage your mind and spirit.

We have developed opportunities to support your wellbeing, expand your knowledge about end-of-life care, connect with community members, and remember and honor loved ones. You can access event details & registration information as well as join our mailing list for future events at: hospicesantacruz.org/events

“We do not remember days, we remember moments.”
– Cesare Pavese
Walk to End Alzheimer’s
Saturday, September 18

Hospice of Santa Cruz County proudly sponsors the Walk to End Alzheimer’s to help raise awareness for Alzheimer’s care, support, and research. By participating we also remind our community that hospice care is available for loved ones with Alzheimer’s. Join our staff, volunteers, and community supporters as we walk together towards a world without Alzheimer’s. For more information and the ability to sign up as part of the Hospice of Santa Cruz County walking team, visit alz.org or hospicesantacruz.org.

Interfaith Memorial Service and Candle Lighting

Honor Your Loved One in a Special Holiday Memorial Service
Wednesday, November 17, 6:30 pm
Resurrection Catholic Community Church, 7600 Soquel Drive, Aptos

A cherished annual tradition, our Interfaith Memorial Service and Candle Lighting is an invitation to pause during the busy holiday season and tune into what counts: remembering a beloved family member, or dear friend, who has died. Our community gathers for words of support, candle lighting, and a remembrance table, for which you are welcome to bring a photograph or object of your loved one.

Servicio conmemorativo con velas
Un servicio conmemorativo en honor a sus seres queridos durante los días festivos
Sábado 30 de octubre, a las 11:00 am
Parroquia de San Patricio
721 Main Street, Watsonville

Hospice of Santa Cruz County les invita a usted y a su familia a una noche especial. Servicio conmemorativo con velas (Vigilia) para honrar a nuestros seres queridos. Traiga una fotografía o un objeto personal de su ser querido para nuestra mesa de recuerdo.
Watsonville Film Festival – Día de los Muertos
In-person event at the Watsonville Plaza
Friday, October 29, 4:00–9:00 pm
Virtual events October 28–November 2

Festival de cine de Watsonville – Día de los muertos
Evento presencial en la Plaza de Watsonville
viernes 29 de octubre de 4:00 a 9:00 pm
Eventos virtuales el 28 de octubre al 2 de noviembre

Hospice of Santa Cruz County is a proud sponsor of the Watsonville Film Festival’s Día de Muertos Celebration. This annual event honors Día de Muertos and brings the whole community together through art, music, and film. The in-person event on Friday, October 29 features live music and dance performances, ofrendas, and a screening of the movie Coco at the Watsonville Plaza. Additional virtual programming will be available October 28 through November 2. Learn more at watsonvillefilmfest.org

Virtual Movie Night
Voices of Grief: Honoring the Sacred Journey
Tuesday, September 21, 6:00–7:15 pm
For those who have ever struggled in knowing what to say or do in the presence of profound loss, your own or someone else’s, Voices of Grief: Honoring the Sacred Journey offers a hope-filled perspective of how to successfully navigate grief. This award-winning documentary film interweaves individuals’ personal stories of loss and healing together with the insight of nationally renowned experts in the fields of grief and mourning. Register at hospicesantacruz.org/event/movie-sep-21/

Virtual Movie Night
Caregiver: A Love Story
Wednesday, February 9, 6:00–7:00 pm
Caregiver: A Love Story documents the tale of one man struggling to care for his dying wife. When 59-year-old Bambi decides to forgo further treatment for her cancer and die at home, her husband Rick leaves his job to become her primary caregiver—a role for which he has no experience and little support. This film highlights an essential, yet largely unseen workforce—the family caregivers of America, and challenges viewers to acknowledge the growing strain placed on them. Registration required. Register at hospicesantacruz.org/event/movie-feb-22/
Sockshop & Shoe Company’s Kelly Short Fundraiser
Friday, November 5 – Sunday, November 7
Sockshop & Shoe Company
Santa Cruz Location: 1515 Pacific Avenue
Aptos Location: 154 Aptos Village Way

The ninth annual Kelly Short Fundraiser lasts all weekend long when Sockshop & Shoe Company donates 8% of your purchase to Hospice of Santa Cruz County. Both Sockshop locations will be participating in the fundraiser.

Tree of Lights
Thursday, December 2, 4:30–6:30 pm
Arts Council Santa Cruz County, Tannery Arts Center
1070 River Street, Santa Cruz

Join us to create a luminaria in memory of a loved one. This drop-in event provides an opportunity for reflection and recognition of loved ones. Free and open to the public, located near the Arts Council patio. A short program will begin at 5:30 pm. Parking is available.

Virtual Music Meditation and Relaxation for Caregivers
Wednesday, January 12, 10:00–10:30 am

Join us for a 30 minute music meditation to lift your spirits and provide relaxation. This experiential session features the musical stylings of our Board Certified Music Therapist Anya Ismail. Anya weaves together poetry, singing, spoken word, and unique instruments like the shruti box to create a beautiful and calming experience. Open to all individuals in our community caring for a loved one. Registration required. Register at hospicesantacruz.org/event/music-22/

Death Cafés
Grab a mug of your favorite tea and join us to discuss death in an effort to affirm what’s important about life. A Death Café is a group directed discussion of death with no agenda, objectives, or themes. It is not a grief support group or counseling session, just some folks getting together to drink tea and talk about death. The Death Café movement includes events all over the world. Learn more at deathcafe.com. Registration required.

Death Café – Virtual
Wed. Wednesday, September 22, 10:30–11:30 am
Virtual Event – Register at hospicesantacruz.org/event/sep-cafe/

Death Café – Capitola
November (date and time TBD)
Capitola Public Library,
2005 Wharf Rd, Capitola

Death Café – Santa Cruz
January (date and time TBD)
Santa Cruz Public Library, 224 Church St, Santa Cruz

Death Café – Virtual
Tuesday, February 22, 5:00–6:00 pm
Virtual Event – Register at hospicesantacruz.org/event/feb-cafe/

Information:
For more information please contact Vanessa Silverstein
✉️ vsilverstein@hospicesantacruz.org
📞 831 430 3047
Planning your healthcare wishes ahead of time is a gift to you and your loved ones.

Communicating your preferences ensures that your wishes will be honored and spares those close to you the anxiety and stress of having to guess your wishes if you become sick.

We often hear big sighs of relief from the people we help, whether they’re creating an Advance Directive for the very first time or updating an existing Advance Directive to match their current situation.

We’re here to help with this process with a variety of offerings, all free of charge.

“Thank you very much for providing this service. I’m so relieved to finally have my wishes in writing. My goal is to make this as easy as possible for my family.”

– Grateful Community Member
Schedule an Individual Session
Our individual sessions are perfect for people who are ready to complete their Advance Directives, with support. Schedule a one-on-one appointment to complete your Advance Directive. We will share copies of the necessary forms and walk you through filling them out, step by step.

Plan a Group Gathering
Our team facilitates planning workshops for church groups, community service groups, book clubs, or other home gatherings. We offer an overview of the advance healthcare planning steps and share copies of the necessary forms and conversation guides.

Attend a Community Presentation
The presentation covers how to identify your end-of-life healthcare values, complete your Advance Directive, understand the difference between an Advance Directive and a Physician Orders for Life Sustaining Treatment (POLST) Form, and to talk with your loved ones about your wishes. Registration required.

The Essentials of Advance Directives – Virtual
- Friday, September 10, 12:00–1:00 pm
  Virtual event, register here: hospicesantacruz.org/event/sep-plan/

The Essentials of Advance Directives – Santa Cruz
- November (date and time TBD)
  Santa Cruz Public Library, 224 Church Street, Santa Cruz

The Essentials of Advance Directives – Virtual
- Wednesday, December 1, 12:00–1:00 pm
  Virtual event, register here: hospicesantacruz.org/event/dec-plan/

The Essentials of Advance Directives – Capitola
- January (date and time TBD)
  Capitola Public Library, 2005 Wharf Road, Capitola

The Essentials of Advance Directives – Felton
- February (date and time TBD)
  Felton Public Library, 6121 Gushee Street, Felton

Advance Directive Individual Sessions by Appointment
Schedule a one-on-one appointment with a trained volunteer to complete your Advance Directive at a time that works best for you. We are available to meet via phone or virtual conference, and in-person at our offices, your home, or at our events in the community. Registration required to secure your individual appointment.

Advance Directive Individual Sessions – Scotts Valley
Tuesday, September 14, 10:00 am–1:00 pm
Hospice of Santa Cruz County Scotts Valley Office, 940 Disc Drive, Scotts Valley

Advance Directive Individual Sessions – Santa Cruz
November (date and time TBD)
Santa Cruz Public Library, 224 Church Street, Santa Cruz

Advance Directive Individual Sessions – Watsonville
Wednesday, December 15, 10:00 am–1:00 pm
Hospice of Santa Cruz County Watsonville Office, 65 Nielson Street, Suite 121, Watsonville

Advance Directive Individual Sessions – Capitola
January (date and time TBD)
Capitola Public Library, 2005 Wharf Road, Capitola

Advance Directive Individual Sessions – Felton
February (date and time TBD)
Felton Public Library, 6121 Gushee Street, Felton

Information:
For more information please contact Vanessa Silverstein
vsilverstein@hospicesantacruz.org
831 430 3047

A special thank you to Santa Cruz Public Libraries for partnering with us to provide in-person advance healthcare planning events to our community.
At the heart of our work is a group of trained volunteers.

Making a real difference in the life of a patient or family is what makes being a hospice volunteer so special. There are many ways to get involved and serve our community. Whether you’re interested in volunteering directly to support hospice patients, grief support clients, or you’d like to become a community ambassador, please read on to find the right opportunity for you. By joining our vibrant community of volunteers you’ll discover how volunteering can increase your overall sense of wellbeing and make a difference in our community.

“Kindness in words creates confidence. Kindness in thinking creates profoundness. Kindness in giving creates love.”

– Lao Tzu
Volunteer Visitors
Provide companionship and practical support
Volunteer Visitors provide companionship to hospice patients in 
their homes or in the residential care facilities where they reside. 
As a willing listener, a hand holder, and supportive presence, these 
special volunteers are vital members of the hospice care team. 
Volunteer Visitors may also provide caregivers with much needed 
respite. Other duties include simple snack preparation, running 
errands, and other practical tasks.

We’re looking for:
• Volunteers to provide companionship to patients and respite for caregivers
• Pet Companions
• Spanish and English speakers
• Veterans
• Certified Massage Therapists

Grief Support Volunteers
Support adults in grief as they discover paths to healing
The Grief Support Program accepts grief as a normal, natural and healthy response to the loss of a loved one. Professional staff and trained volunteers provide support to hospice families and the community at large. Services include group support for adults and supportive phone calls to bereaved clients and families. Grief Support Volunteers receive ongoing support and continuing education.

To inquire:
Please contact Stacey Pratt
spratt@hospicesantacruz.org
831 430 3029

Upcoming Training to become a Volunteer Visitor
Thursdays
October 14–November 18
6:00–9:00 pm
Virtual on Zoom (all sessions required)

Application Deadline is October 1
Applications are available on our website
Call us to set up a time to chat and we will happily answer any questions you have about volunteering.
831 430 3045

I am grateful not only for the hospice volunteer training program, which is powerful, relevant and meaningful, but also for the opportunity to serve the hospice community.”
– Valerie, Volunteer Visitor
Curious about becoming a Volunteer Visitor but still have questions or not quite ready to apply? Consider joining one of our informational question and answer sessions to learn more. Or you may contact Forbes Ellis, Director of Volunteer Services, by phone or email with your questions anytime.

✉ fellis@hospicesantacruz.org
📞 831 430 3045

Volunteer Visitor Informational Q&A Sessions
📅 Monday, September 13, 12:00–12:30 pm
Registration is required: hospicesantacruz.org/event/vol-vis-fall-21/

📅 Thursday, September 16, 12:00–12:30 pm
Registration is required: hospicesantacruz.org/event/vol-vis-fall-2021/

Pet Companions
We are looking for four-legged hospice volunteers too! These volunteer visitors bring their pets to visit with patients and families, providing joy and comfort to all. Applications are available on our website and we welcome applications for pet companions throughout the year!

Have questions about pet companionship? Consider joining our informational Q&A session.

Pet Companion Informational Q&A Session
📅 Tuesday, September 14, 12:00–12:30 pm
Registration is required: hospicesantacruz.org/event/vol-vis-pets/
Community and Resources for Faith & Spiritual Leaders

Join us for virtual Partners in Caring meetings.

When people face serious illness, aging, or death, they often turn to their faith and spiritual leaders for support and guidance. Through the Partners in Caring Program, Hospice of Santa Cruz County offers information and education to help faith and spiritual leaders, and their communities, navigate these important topics. Events feature guest speakers and peer-to-peer discussion groups.

Who should attend?

- Clergy, faith, and spiritual leaders
- Lay leaders
- Chaplains
- Stephen ministers
- Eucharistic ministers
- Health ministers
- Parish nurses
- Anyone who ministers to the aging or those with serious illness

Upcoming Partners in Caring Meetings

How to Support Grieving Individuals during the Holidays

- Tuesday, November 2, 12:00–1:15 pm
- Register at hospicesantacruz.org/event/pic-nov/

Spiritual Concerns at End of Life – The Importance of Forgiveness

- Thursday, January 27, 12:00–1:15 pm
- Register at hospicesantacruz.org/event/pic-jan/

For more information and to register

Please contact Vanessa Silverstein

- vsilverstein@hospicesantacruz.org
- 831 430 3047
Grief Support

Grief is a natural response when someone we love dies. Finding your way through the changes and emotional fluctuations can be difficult. Compassionate support is available for you.

We will be offering virtual grief support groups, classes, and events this fall and winter. Give us a call or email us to find out what options may be right for you or for the latest updates on what we are offering.

**We are here to help**

- griefsupport@hospicesantacruz.org
- 831 430 3000

“Deep in their roots all flowers keep the light.”

—Theodore Roethke

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**Individual Support**

We are here to support you on a one-on-one basis. You’ll virtually meet with a member of our skilled team at a time specified just for you. Appointments available in English and Spanish. Please call us at 831 430 3000 and ask for grief support to schedule your appointment.

**Grief Support Groups**

Please call or email us to register for any group that interests you. Some groups are in-person, while others will be held virtually via Zoom.

**Grief Support Writing Group (virtual)**

- Tuesdays, September 7–October 12
- Evenings, 6 weeks

Discover the quiet wisdom of writing through grief. Putting pen to paper is a powerful way to explore your personal journey in a manner that is both meaningful and rich with complexity — especially when talking about grief does not come easy. You will learn creative exercises that will help you grow and heal, in new and gently surprising ways. All writing levels are welcome. Advance registration is required. Call to register.

**Loss of Spouse/Partner Group (in-person)**

- Thursdays, September 9–October 14
- Scotts Valley, Evenings, 6 weeks

Life changes overnight when a spouse dies, whether from sudden tragedy or a long-term illness. There is an immediacy to everything that must be done, handling logistics and the complexities of legal matters, all while trying to maintain a sense of normalcy at a time that is far from normal. How does one go through the trauma of losing a spouse or partner and grocery shop, pay the bills, and go to work? In this in-person group, we openly discuss how to get from day-to-day and learn practical ways of addressing symptoms of grief such as: insomnia, fear, anxiety and more. Advance registration is required. Call to register.
Walking through Healing Group (in-person)
- Tuesdays, August 31–September 21
- Scotts Valley, 5:30–7:30 pm, 4 weeks

Walk with us in the serenity of a forest path as we explore the many faces of grief. Location chosen is lush and beautiful, our pace gentle, our conversations mingled with periods of contemplation and silence. The topics discussed are enhanced by nature. Step with us into nature’s heart and allow the healing to begin. Advance registration is required. Call to register.

Partner Loss in the Second Year Group (virtual)
- Wednesdays, September 22–October 27
- Evenings, 6 weeks

The passage of time alters how we grieve. In this group, men and women who have been alone for a period longer than a year examine how their lives have taken shape in the absence of their spouse or partner. Examples of themes include what to do now, traveling without a partner, and making new friends. This is a safe and caring space to discuss experiences, hopes, and desires with others who are healing from a similar loss. Advance registration is required. Call to register.

Loss of Spouse/Partners for Seniors (virtual)
- Thursdays, September 23–October 28
- Scotts Valley, 10:00–11:30 am, 6 weeks

The loss of a companion can be devastating. In this very special group, we encourage seniors to open up about their loss, to share their memories and talk freely about their deepest concerns. We explain the symptoms of grief and distinguish them from aspects of aging thereby easing stress and confusion. We nurture the path to healing by honoring lives well lived. Advance registration is required. Call to register.

Loss of Parent Group (in-person)
- Tuesdays, October 5–November 9
- Scotts Valley, Evenings, 6 weeks

Losing a parent can be challenging, no matter how old you are. Whether it was a long-term illness or sudden death, the loss can be jarring. You may reach for the phone, or drive past their home, only to face the realization that they are no longer there. This supportive group offers a safe space to open up, share memories and connect with others who have lost a parent. You don’t have to navigate the difficult waters of your loss alone. We can help you find your way again. Advance registration is required. Call to register.

Coping with Loss through the Winter Holidays (virtual)
- Tuesdays, November 9–December 14
- Time TBD, 6 weeks

This weekly grief group offers a safe and caring space to share and receive support from those grieving the death of someone special. Find connection through sharing, receiving support, or simply listening. Learn helpful tips on how to cope during the winter holidays. Participants are invited to bring a photo or a keepsake of their loved one to share with the group. Advanced registration is required. Please call to register.

Parenting During a Time of Grief (virtual)
- 3rd Tuesday of the month (September 21, October 19, and November 16)
- Time TBD

Offering for parents/caregivers of children and teens. The death of a significant person affects each member of the family in unique ways. Children and teens can feel a wide range of emotions, have dramatic or subtle changes in behavior, and/or seem outwardly untouched by the experience. We will discuss parenting while grieving and ways that parents can support themselves and their children. Advance registration required. Call to register.
Camp Erin® Santa Cruz – Where children learn to grieve and heal
📅 Saturday, October 9, 2021
10:00 am–5:00 pm
Corralitos, CA

Camp Erin Santa Cruz is a free, day-long bereavement camp for youth. It combines fun activities in nature with grief education and emotional support. At a beautiful site in Corralitos, campers ages 7-17 will gather together for activities like hiking, art, music, and animal visits. Organized by bereavement professionals with the support of caring volunteers, Camp Erin provides a safe environment for exploring grief, learning essential coping skills, and making friends with peers who are also grieving. Camp Erin is free at no cost to families.

Campers are enrolled on a first come, first serve basis. Apply now to reserve your spot. For the latest news and to download an application please visit our website: hospicesantacruz.org/grief-support/camp-erin/

You may also reach us by email: camperin@hospicesantacruz.org

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Youth Grief Support

Individual Counseling
We are currently offering virtual counseling sessions for youth ages 4–18. In these individual counseling sessions we use art, play, writing, and movement as part of the experience. We anticipate being able to offer in-person counseling sessions outside on our redwood deck at some point in the near future. If you have any questions about youth grief counseling please call us.

School Support
School staff can refer students to our counseling program. Our team is also available for educational presentations, staff trainings, staff consultation, and support in the event of the death of a student, teacher, or parent. If you are a part of a school community, reach out to us for:

• Counseling support for a child/teen experiencing the death of someone special
• Educational classroom presentations on coping with grief and loss and supporting children and teens through grief
• Crisis support in the event of a death of a student, teacher, or parent

Please contact us
✉️ griefsupport@hospicesantacruz.org
📞 831 430 3000
Holiday Support
If you find coping with grief especially tough during the holidays, you are not alone. We invite you to attend any or all of our support groups and events during the upcoming holiday season.

Coping with Loss through the Winter Holidays (virtual)
- Tuesdays, November 9–December 14
- Time TBD, 6 weeks

This weekly grief group offers a safe and caring space to share and receive support from those grieving the death of someone special. Find connection through sharing, receiving support, or simply listening. Learn helpful tips on how to cope during the winter holidays. Participants are invited to bring a photo or a keepsake of their loved one to share with the group. Advanced registration is required. Please call to register.

Interfaith Memorial Service and Candle Lighting (in-person)
Honor Your Loved One in a Special Holiday Memorial Service
- Wednesday, November 17, 6:30 pm
- Resurrection Catholic Community Church, 7600 Soquel Drive, Apts

A cherished annual tradition, our Interfaith Memorial Service and Candle Lighting is an invitation to pause during the busy holiday season and tune into what counts: remembering a beloved family member, or dear friend, who has died. Whether your loved one recently passed, or is someone who you have carried in your heart for many years, this memorial service nourishes tender hearts by honoring both the sadness and joy that comes with remembrance. Our community gathers for words of support, candle lighting, and a remembrance table, for which you are welcome to bring a photograph or object of your loved one. Children and families are welcome.

Servicio conmemorativo con velas (vigilia presencial)
Un servicio conmemorativo en honor a sus seres queridos durante los días festivos
- Sábado 30 de octubre, a las 11:00 a.m.
- Parroquia de San Patricio, 721 Main St., Watsonville

Hospice of Santa Cruz County les invita a usted y a su familia a una noche especial. Servicio conmemorativo con velas (Vigilia) para honrar nuestros seres queridos. Traiga una fotografía o un objeto personal de su ser querido para nuestra mesa de recuerdo.

The Interfaith Memorial service nourishes tender hearts by honoring both the sadness and joy that comes with remembrance.
Hospice Care
Hospice care provides medically directed comfort care, and emotional and spiritual support for individuals diagnosed with a life-limiting illness. Family members and loved ones are supported with grief support counseling as part of hospice care. You or your loved one may request a referral to hospice through your primary care physician, specialist, or by calling us directly at 831 430 3000.

Palliative Care
Palliative care is specialized medical care that treats the symptoms and stress of a serious illness. Our patient-centered team works together with you, your family, and your other doctors to support and empower you. Palliative care patients typically continue with curative treatments. We are committed to helping our patients understand their treatment choices, establish goals of care, and improve quality of life. Medi-Cal, Medicare, and most private insurance plans cover palliative care.

Transitional Care
Transitional care is designed for individuals that have been diagnosed with a serious illness and need the expert guidance of someone to help them navigate available resources and support their emotional wellbeing as they work through serious illness. Transitional care is different from palliative care in that there is not a medical aspect to this care.

Concurrent Care for Children
This new form of care supports medically fragile children with home-based pain and symptom management. Children on our service may continue to seek life-sustaining and curative treatments while receiving home-based comfort care.

We are committed to serving everyone in our community, to honoring wishes, and supporting your wellbeing.

We encourage you to learn more about our services and how we support the community. If you or a loved one are considering hospice please reach out to us with any questions or concerns. We are here for you.
As your local, nonprofit hospice, we are here for you. Your generosity makes incredible things happen. When you give, you support care at the bedside and bereavement services for anyone in the community who needs our help. Your support allows us to provide Music Therapy, Pet Companions and Volunteer Visitor Programs, Grief Support, Charity Hospice Care, specialized care for Veterans, and Transitional and Palliative Care Services to thousands of people each year.

You are the reason extraordinary things happen. Here are some examples of how your gifts make a difference:

- $1,000 sponsors a grieving child’s Camp Erin experience
- $750 helps patients meet their goals of care through Palliative Care
- $500 nurtures medically fragile children through Concurrent Care for Children
- $250 supports those affected by grief
- $100 gives the gift of Music Therapy
- $75 provides an in-home aromatherapy session
- $50 provides treats and training for Pet Companions
Ways to Give

Giving Circles

Circle of Care: Put your money where your heart is with an ongoing monthly donation.

Angel Circle: Commit to an annual gift of $1,000 for three years.

Legacy Circle: Create your legacy, include Hospice of Santa Cruz County as a beneficiary in your will, life insurance, IRA, or estate plan.

Tributes and Distributions

Tribute Gifts: Honor and remember your loved ones with a gift in their name.

IRA Distribution: If you are 70 you can direct any portion of your IRA mandatory distribution directly to Hospice of Santa Cruz County, tax-free.

Donate Today

To donate, use the enclosed envelope or visit hospicesantacruz.org. If you’d like to talk with someone about the difference you can make contact our development team 831 430 3000.

Hospice of Santa Cruz County Tax ID# 94-2497618

Contact Us

Community Education & Outreach
Vanessa Silverstein
Community Education & Outreach Coordinator
831 430 3047

Fundraising
Jennifer Drummond
Director of Development
831 430 3082

Grief Support
Stacey Pratt
Grief Support Manager
831 430 3090

Volunteer Visitor Program
Forbes Ellis
Director of Volunteer Services
831 430 3045

Youth Grief Support Services
Amy Marlo
Youth Grief Support Manager
831 430 3040

If you would like to be removed from our mailing list, change your address, or need additional information, please contact us at 831 430 3000, toll free at 877 688 6144, or by email at info@hospicesantacruz.org