



Grief Support Groups

Winter 2012

Updated 12/16/11

Hospice of Santa Cruz County offers a variety of grief support groups to meet different needs. *Group schedule is subject to change.*

For current status and to register, please contact the Grief Support Program at 831-430-3000 or griefsupport@hospicesantacruz.org.

Adult eight-week grief groups – Call the Grief Support Program at 831-430-3000 to register.

Loss of Parent – Tuesdays, 6:30pm, Jan. 24 – March 13, Scotts Valley

Loss of Spouse/Partner – Tuesdays, 6:30pm, Jan. 31 – March 20, Scotts Valley

Senior Loss of Spouse/Partner – Fridays, 10:00am, Feb. 24 – April 13, Aptos

Loss of Adult Child – Thursdays, 6:30pm, March 15 – May 3, Santa Cruz

Loss of Sibling – Tuesdays, 6:30pm, March 20 – May 8, Scotts Valley

Groups for Children and Teens – Call Cherie at 831-430-3000 to register.

Teen six-week grief group – Thursdays, 6:30pm, January 26 – March 1, Scotts Valley. Groups are also offered at some high schools in the county.

Children's eight-week grief group – Wednesdays, 6:30pm, April 11 – May 30, Scotts Valley

Weekly Drop-In Groups - No preregistration needed.

Drop-In Grief Group, Tuesdays, 6:30pm (New time as of January 1, 2012) at Aegis of Aptos, 125 Heather Terrace, Aptos

Lunes de Consuelo, a grief circle in Spanish, Mondays, 4:00pm at Catholic Charities, 217 East Lake Avenue, 2nd floor, Watsonville

Coping with Grief during the Holidays – This grief group for adults is offered in late November or early December each year. Date will be posted when available.

Individual Support is also available for children and adults.
Please call 831-430-3000 for more information.